

Bullard Weightroom Policy

It is acceptable for all students to use weight room facilities outside of school day provided :

- 1 there is a coach or sponsor present to monitor
- 2 students wear appropriate clothing (shorts, t-shirts etc... no jeans)
- 3 students do not bring food or drink into the weightroom (exception.... Water bottle)
- 4 students rack all weights that they use in the appropriate place
- 5 students abide by the directions issued by the monitor
- 6 there is no "horseplay"
- 7 students do not loiter, when exercising is completed students shall leave
- 8 students are responsible for transportation and well being, students will not be monitored outside of weight room
- 9 students abide to BISD Code of Conduct policies
- 10 students agree to leave when facilities are to be closed. Times and dates of will vary.

It will be the Coach's (monitor) discretion to which any student may stay in the weightroom and be allowed to come back. Things that will not be tolerated and can result in student use privileges are:

- danger to the student (student safety)
- profanity
- dis-respectful acts towards monitor or other students
- failure to adhere to the above rules